

Nantong report

Offshore wind power project of largest single installed capacity in the world for batch application

Jieyang Shen Quan 2 project in operation

Longyuan Zhenhua participated in construction, created a world record of shortest construction period

By Ye Guo

On 28 December last year, as the last wind turbine joined the power grid and started to generate electricity, State Power Investment Corporation Jieyang Shen Quan 2 offshore wind power project full capacity connection to grid and power generation was realized. It is learnt that the project is the offshore wind power project of largest single installed capacity in the world for batch application. It is also one of the first batch of fair price offshore wind power projects in the grid. Jiangsu Longyuan Zhenhua marine engineering Co., Ltd., as the main

contractor of Shen Quan 2 project, supported by various parties, after 215 days of work, realized start and completion of project in the same year, which created a world record of shortest construction period of over 500 MW wind farm.

The total installed capacity of Jieyang Shen Quan 2 offshore wind power project is 502 MW. 34 11 MW wind turbines and 16 8 MW wind turbines were installed. 1 220 kilovolt offshore booster station was built in support. Shen Quan 2 project joined the grid in time. Every year it can provide 1.743 billion kilowatts green electricity to Guangdong-Hong Kong- Macao Greater Bay Area, can satisfy the electricity demand of close to 900 thousand families in a year.

As the main contractor of Shen Quan 2 project, Jiangsu Longyuan Zhenhua marine engineering Co., Ltd. settled in Nantong in 2010. Apart from offshore wind power equipment foundation construction, equipment installation and maintenance, the company is also involved in construction and maintenance of submarine cable and marine engineering.



West station avenue phase 2 flyover open to traffic

Quick access between central city area to Nantong west railway station within 20 minutes realized

By Jiang Jiaojiao

On 28 December, after 12 months, 347 days of construction, west station avenue phase 2 project which crosses Nantong- Yangzhou canal and Shanghai- Nantong railway welcomed a historical moment —— west station avenue phase 2 flyover was open to traffic officially. The flyover’s successful opening

to traffic, realized quick access between central city area to Nantong west railway station within 20 minutes.

West station avenue phase 2 project starts from Changjiang road west extension in the south, ends at Gangping road in the north. It used continuous flyover + ground auxiliary roads plan. It has two ways, six lanes. The design speed is 80 km per hour. The total length is about 6.42 km.



Atmosphere of the new year

Last 30 December was Laba Festival. In a farm in Xiacha village, Sunzhuang streets, Hai’an, people were busy making characteristic cured food, drying sausages, salted and dried fish, cured meat. The fragrance of cured meat was in the air and there was a strong atmosphere of the new year. Photo by Gu Huaxia

Father, mother and brother were infected with Covid-19, grandmother was sick in bed

8 years old boy with only one arm supported a family

By You Lian

In the past few days, video *8-year-old boy with one arm looks after family who are infected with Covid-19* hit the 1st place on Tik Tok hot list city list with 3.954 million hits. It occupied social media and touched many netizens.

The young caring boy who looked after family in special time, Ben Yuechen, whose nick name is Youyou, is a resident of Hai’an. He has congenital left arm disability, has no left hand or left forearm. A few days ago, the reporter interviewed Youyou’s mother Cai Xiumei on phone.

‘After we were all infected, from the monitor, we found out that he was busy in

the kitchen alone, cooking egg tea for us, one for each person.’ Cai Xiumei said that while they were eating egg tea, Youyou cut some fruit and put in a plate, and did not forget to bring the data line.

Cai Xiumei introduced that there were in total 5 people in the family. The elder son, her husband and her were infected with Covid-19 one by one, her mother in law was sick in bed, ‘the video was uploaded on 21 December. On the morning, we were all not comfortable so did not get up to make breakfast.’

Last October, by accident Cai Xiumei uploaded the video of her son skipping rope online, and it was liked by People’s Daily and CCTV.

Cai Xiumei said that apart from sports, Youyou also learnt cooking from her. His best cuisine is fried egg. He can also make tomatoes scrambled with egg. At the start, she was worried the cookers would hurt her little boy and wanted to chop vegetables for him. Later, Cai Xiumei had to be firm with him, ‘there will be harm and difficulties in future path, he has to face them alone.’



‘15000 cubic meters tank capacity LNG powered trailing suction dredger project’ was started

By Wu Xiaoyun

On 26 December, ‘15000 cubic meters tank capacity LNG powered trailing suction dredger project’ contracted by Zhenhua Qidong marine engineering was started officially. The project is the first large trailing suction dredger which uses LNG clean energy power system designed independently in our country, also the largest ship in the world.

LNG powered trailing suction dredger has characters including green and environmental friendly, safe in operation, intelligent and efficient. The 15000 cubic meters tank capacity dredger built this time is about 155.7 m long, 32 m wide. The draft is 9.9 m.

How to eat in pandemic period

Experts suggested: eating right food can help reduce symptoms

By Feng Qirong

How to eat more scientifically during pandemic period? A few days ago, municipal center for disease control published health reminder.

For general crowd who are not infected with Covid-19 yet, experts of center for disease control suggested that daily food shall have more varieties and suitable matches, pay attention to amount of meat and vegetables, portions of fine grains and coarse grains, dark color

food and light color food, dry food and soup; staple food shall be included in every meal, portion of whole grain and tubers shall be increased at suitable rate; food which include excellent protein shall be increased such as fish, poultry, eggs, lean meat, milk and beans shall be increased; eat more fresh vegetables and fruit, choose dark and fresh vegetables and fruits which are in season; have meals regularly, at fixed time and fixed amount, have control on food, do not over

eat or drink; have light diet, cook by steaming, and stew, reduce oil fry; drink enough water, adults shall drink 1500 to 1700 ml water per day; exercise moderately, pay attention to eat and exercise balance, ensure enough sleep.

For Covid-19 infected people who are already ‘positive’, experts recommended a set of ‘food treatment’ plan which can improve relevant symptoms (note: same type of food can be exchanged). In the plan, food with wind and cold removal

effect includes ginger, scallion and shepherd's purse; food with heat and toxic relief effect includes soya bean, mung bean, red bean, and pea; vegetables which can eliminate heat include sowthistle, balsam pear and fern; food with heat and cough relief effect include wax gourd seed, turnip, laver; food with phlegm reduction effect include orange peel, ginger, almond; food that can relieve cough and asthma includes pear, loquat, and lily. Citizens can choose food treatment according to different symptoms.